Newfoundland and Labrador Pharmacy Board

The Apothecary is the newsletter of the Newfoundland & Labrador Pharmacy Board. It contains information on a wide variety of topics intended to enhance the practice of all pharmacists in the province of Newfoundland & Labrador. Pharmacists are responsible for reviewing any and all information contained within including documents which are made available on the NLPB website via links throughout the newsletter. The Apothecary is now circulated electronically and is available in hard copy format only upon specific request.

The Apothecary

Winter 2012

As the year draws to an end and the Christmas Season approaches, we take this opportunity to wish you a very Merry Christmas and a Happy New Year.

Best Wishes from the Board of Directors and Staff of the Newfoundland and Labrador Pharmacy Board.

Holiday Hours for NLPB Office

Please note the Christmas and New Year holiday hours of operation for the Board office:

Monday, Dec 24th	Closed for Christmas Eve
Tuesday, Dec 25th	Closed for Christmas Day
Wednesday, Dec 26th	Closed for Boxing Day
Monday, Dec 31st	Closed at noon for New Year's Eve
Tuesday, Jan 1st	Closed for New Year's Day

Pharmacists are reminded that in order to be registered by January 1, 2013, Professional Development Logs must be received by the NLPB Office no later than noon on December 31, 2012. Logs received after this time will not be processed until January 2, 2012.

An Important Time for Pharmacy Practice

It is both an honour and privilege to be allowed to serve as your Registrar. During the past 7 weeks, with the help of our retiring Registrar, the Board of Directors and the office staff, I am becoming orientated into the world of professional self regulation and quickly realizing what a privilege it is for our profession to be the protector of public health in our province. It has been a steep learning curve, but with a very talented and enthusiastic support network, I'm becoming familiar with the operations of the office, the Board of Directors, other provincial health professional regulatory authorities, stakeholders and our national counterparts.

On week two of my tenure, I was delighted to receive a telephone call from the Department of Health and Community Services informing me that the long awaited Pharmacy Act was scheduled to proceed to the House of Assembly during the fall session.

This new statue is a very welcomed piece of legislation for the profession. Once proclaimed, it will enable and support pharmacists to provide quality pharmacy care to the fullest extent of their education and training. For example, it expands regulation-making authority of the Board to address the expansion of the pharmacist scope of practice, allows for the registration of pharmacy technicians, and enables the development of a quality assurance committee to ensure the highest level of public safety. The proposed new act can be found on the House of Assembly website at http://www.assembly.nl.ca/business/bills/Bill1250.htm.

2013 promises to be an extremely busy year for the Board and the profession. We will be seeking your input throughout the process to ensure the development of a balanced and accountable legislative framework for the profession.

Best wishes for a healthy, happy holiday season!

Margot Liddle

Online Registration and Licensing Renewal Process Great Success!

As mentioned in the Fall 2012 issue of *The Apothecary*, this year, for the first time, the NLPB was able to offer pharmacists and pharmacy owners the ability to renew their registration and business licences online through a newly established registration and licensing database system. We are very pleased with the positive uptake by the pharmacy community and are excited to report that over 80% of pharmacist and pharmacy renewals were completed online this year! Issues that arose during the renewal process were satisfactorily addressed thanks to telephone support by Aileen and Meghan at the Board office. We received some very positive feedback on the ease and speed of the new system compared to the old method of filling out and submitting paper forms. All in all, we are encouraged by the success of the system and look forward to rolling out additional modules and enhancements in the year to come, including the ability of pharmacists to log CEU's directly onto their profile, eliminating the need to fax or mail the Professional Development Log.

Online Renewal Frequently-Asked Questions

1. ***How do I submit my Professional Development Log (PDL) after I have renewed?***

   First, log in to your member profile from www.nlpb.ca using your login and password. Under **My Profile**, click **View Profile**. Click on the **blue tab** at the top entitled **Pharmacist Additional Document Upload**. Click the **Add New** button at the left. This will take you to a screen that allows you to **browse** for the PDL document you have saved to your computer. Accepted formats for uploading include Word 2003, PDF and Excel. Click **Next**, then **Save**. This will take you back to the Document Upload page where you can view your uploaded file any time by clicking on the word **Download** next to the date you added it.

2. ***Why did I get an error message when I paid by credit card? Has my payment been accepted?***

   If a **red X** appeared when you entered your credit card payment, the transaction did NOT go through. If this happens, please contact the NLPB office.

3. ***When will I receive my receipt and annual certificate?***

   Official tax receipts, pharmacist certificates and pharmacy licences will be mailed out once all documents are received for renewal, including PD logs. The deadline for this is December 31, 2012.

4. ***Can I print my own receipt?***

   Yes. While logged in to your member profile, look under **My Profile**. Click on **Renewal/Other Invoices**. This will bring up a list of invoices associated with your file. Click on the small printer icon to the left of the invoice number you wish to print. The invoice will then display. To print it, click on the printer icon at the bottom of the screen.

5. ***How do I change my password?***

   Log in to your member profile from www.nlpb.ca. Under **My Profile**, click **Edit My Profile**. In the next screen, scroll down to **Login Information** at the bottom of the page. Enter a new password in **Password** and **Confirm Password**, ensuring they both match exactly. Passwords must be at least 6 characters, and can be letters, numbers or any combination of the two.

6. ***How do I recover a forgotten password or user name?***

   From the login screen, under **Forgot your Log In/Password**, enter the email address associated with your profile and press **Retrieve.** You will receive an email within a few minutes with your user name and password.

Great Time Had by All at Don Rowe Retirement Dinner

Family, friends and colleagues gathered at The Rooms on November 3rd to honor Don Rowe as he retired after serving 18 years as Secretary-Registrar of the Newfoundland and Labrador Pharmacy Board. This event was held to celebrate Don's long and distinguished career and as a means to establish an award at the Memorial University School of Pharmacy in tribute to Don's dedication to the education of future pharmacists. We are very pleased to report that over $15,000 was raised to endow the Donald F. Rowe Leadership Award.

Many traveled from across the province and country to be in attendance, knowing how much it would mean to him. The National Association of Pharmacy Regulatory Authorities (NAPRA) moved its 2012 annual meeting to St. John's to enable the Registrars and delegates from other provinces to attend the event. Don has worked closely with most of the other Registrars for the past eighteen years and this gave him a chance to show off his province and its history one last time.

John Downton, Master of Ceremonies, kept the evening flowing as a number of people paid tribute to Don.

- Colleen Janes, Assistant Deputy Minister, Department of Health and Community Services wished Don well.
- Jerry Young toasted Don on behalf of the College of Trades and Technology Class of 1976.
- Dr. Linda Hensman, Dean of the Memorial University School of Pharmacy paid tribute to Don's contribution to the school and expressed what the scholarship will mean to the school.
- Ray Gulliver, Chair of the Newfoundland and Labrador Pharmacy Board, brought wishes on behalf of the current Board and spoke of his experience of working with Don.
- Joan Roach, President of the Pharmacists' Association of Newfoundland and Labrador spoke of her memories of Don as Secretary-Registrar and of his work with PANL over the years.
- Brenda Bursey, Canadian Pharmacists' Association Board representative for NL spoke of Don always being available to discuss any situation that arose in a pharmacist's practice.
- On behalf of NAPRA, Ray Joubert, Registrar of the Saskatchewan College of Pharmacists reminisced of the years spent working together.
- Margot Priddle, in-coming Secretary-Registrar, spoke on behalf of past presidents and chairs of the former Newfoundland Pharmaceutical Association and the NLPB of the great experiences working with Don.

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The evening ended with Don being presented with the Canadian Pillar of Pharmacy award. The award was presented by Marshall Moleschi, Registrar of the Ontario College of Pharmacists, representing the Canadian Foundation for Pharmacy. The award is given annually to an individual who has demonstrated a lifelong commitment to the profession of pharmacy and who has been actively involved in one of the four groups represented on the Canadian Foundation of Pharmacy Board (pharmacy practitioners, academic pharmacy, pharmacy associations or pharmaceutical industry).

Don responded to this tribute with a heartfelt speech that included a history lesson of Newfoundland and Labrador. The crowd was thrilled when at one point during his speech a bolt of lightning lit up the sky dramatically behind him while he was paying tribute to his wife, Marie.

Thanks go out to committee members Arlene Crane, Fraser Day, John Downton, Margot Priddle, Barbara Scaplen and Jerry Young and office staff, Meghan Handrigan and Aileen O'Keefe for making this night possible.

Donations to endow the Donald F. Rowe Leadership Award can still be made and are welcomed. Please contact Darcy McMeekin, Development Officer at the School of Pharmacy at mcmeekin@mun.ca to make a contribution.

MUN School of Pharmacy Call for Preceptors

A "Call for Preceptors" is currently ongoing for the School of Pharmacy's Structured Practice Experience (SPE) Program for Spring-Summer 2013. Information, including preceptor and site criteria, and reply forms may be accessed on the School's website at: www.mun.ca/pharmacy/practice/callforpreceptors.php .

As part of the Pharmacy program, students are required to complete three SPE rotations, each of four weeks duration, and one SPE of twelve weeks duration as follows:

- Four weeks in a community pharmacy after the first year of the Pharmacy program (Pharmacy 201W);
- Four weeks in a hospital setting after the second year of the program (Pharmacy 302W);
- Four weeks in a community pharmacy after the third year of the program (Pharmacy 403W); and
- Twelve weeks in clinical practice during the Winter semester of the final year of the Pharmacy program (Pharmacy 500X).

In keeping with the philosophy that the SPEs are intended to be a practical educational experience and not just a work experience, students are not permitted to be paid. However, the Newfoundland and Labrador Pharmacy Board requires an additional 20 weeks of pharmacy practice experience for registration purposes, so students may seek employment with you after completion of the 4-week SPE. You are not obligated to provide this employment but you are encouraged to consider providing a student with additional practice experience.

The SPE Program would not be possible without the contribution and commitment of dedicated pharmacists. As you know, experiential education is critical to becoming a competent pharmacist. The School thanks all who have previously participated in the Practice Experience Program and urges both new and returning preceptors to respond to this year's call.

If you have any questions about being a preceptor, please contact Wanda Spurrell at (709) 777-6498 or wspurrel@mun.ca .

Why Be a Preceptor?

For all the things you can give…

- ◊ Your knowledge and expertise
- ◊ The benefit of your experience
- ◊ Your enthusiasm and compassion
- ◊ Your time
- ◊ A contribution to your profession

And for the even greater number of things you receive…

- ◊ The opportunity to learn from your students
- ◊ Contribution of value-added benefits to your practice site through provision of additional services or educational programs by students
- ◊ The opportunity to keep current and remain stimulated (or become revitalized) as a pharmacist
- ◊ A way to enhance your communication and teaching skills
- ◊ A means to reflect on and evaluate your own practice
- ◊ The opportunity to support development of the profession by helping shape the next generation of pharmacists
- ◊ A means to be recognized as a role model
- ◊ Personal and professional satisfaction
- ◊ A reminder of why you wanted to become a pharmacist in the first place!

Recent Updates to the NLPB Website

About the Board

⇒ *Board Meeting Minutes for Fall 2012 added*

Contact Us (Find A…)

⇒ *Staff Masthead updated*

"The Apothecary" & Other Communications

⇒ *MedEffect advisories updated*

⇒ *2013 MUN School of Pharmacy Call for Preceptors*

Professional Practice Resources

⇒ *October 2012 issue of the Canadian Adverse Reaction Newsletter*

⇒ *Vol.12, Issue 10 of the Institute for Safe Medication Practices Canada Safety Bulletin*

Pharmacy Technician Regulation

⇒ *October 2012 update to the NLPB Pharmacy Technician Regulation presentation*

There's an App for That!

Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain

⇒ iPhone/iPad App

⇒ Android App

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BOARD OF DIRECTORS

Elected Members

Zone 1 ..... Debbie Kelly
Zone 2 ..... Ray Gulliver
Zone 3 ..... David Cramm
Zone 4 ..... Christina Tulk
At Large ..... Keith Bailey, Sheldon Baines, Shawn Vallis

Appointed Members

..... Don Mifflin
..... *vacant*

Observers

MUPS Representative ..... Kevin Angell
PANL Executive Director ..... Russ Carrigan
MUN School of Pharmacy ..... Linda Hensman

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Vice-Chair ..... Christina Tulk
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