The Apothecary

Fall 2013

Newfoundland and Labrador Pharmacy Board

The Apothecary is the newsletter of the Newfoundland & Labrador Pharmacy Board. It contains information on a wide variety of topics intended to enhance the practice of all pharmacists in the province of Newfoundland & Labrador. Pharmacists are responsible for reviewing any and all information contained within including documents which are made available on the NLPB website via links throughout the newsletter. The Apothecary is now circulated electronically and is available in hard copy format only upon specific request.

It's Annual Renewal Time!

Registration and Licensing renewals for 2014 are well underway!

As you know, last year was the first time the NLPB was able to offer online renewals and we were excited to find that over 80% of pharmacists chose to renew online.

This year, we have been hard at work to make the system even better. As mentioned in the Spring 2013 edition of The Apothecary, this work resulted in the addition of an online Professional Development portal where registrants can now document their learning and access their Learning Portfolios online from anywhere they have internet access. Also, once a registrant documents a program in the Learning Record, the information automatically populates the registrant's online portfolio, reducing the overall amount of documentation and eliminating the need to submit a paper CPD Log.

How do I renew online?

Go to **www.nlpb.ca** and click **Registrant Login**. Once on the Login page, enter your username and password to access your profile. Please note that Pharmacists-in-Charge have two separate usernames and passwords, one for their personal profile and one for the pharmacy. Please ensure you are using the appropriate one when renewing. Once logged in, click the words **Renew Your Licence** at the top of the page. If you don't see the words **Renew Your Licence**, remember you cannot renew until you have met the Professional Development requirements.

If my employer pays my annual fees, can I still renew online?

Yes! At the end of the online renewal process, select **Invoice Me** instead of **Pay Now**. An invoice will be mailed to you that you can then submit to your employer for payment.

Remember, the deadline for completing CPD documentation, renewing, and submitting payment is **November 30, 2013**. If you have any questions or need assistance, please contact Aileen or Meghan at 753-5877 or toll free (877) 453-5877.

Forgot Your Password?

From the login screen, under **Forgot Your Log In/ Password**, enter the email address associated with your profile and click **Retrieve.**

You will receive an email within a few minutes with your user name and password.

Board Elections 2013

This year's election of NLPB board members has now been completed. Nominations were received for Ray Gulliver and Gary Skanes in Zone 2 and for David Cramm in Zone 3. This year, for the first time, voting was conducted online using the NLPB Registrant Portal. This process went very smoothly and was quite successful.

At the September 21, 2013 Annual General Meeting, the election results were announced with Ray Gulliver elected in Zone 2 and David Cramm elected by acclamation in Zone 3.

At the AGM, Ray Gulliver completed his term of office as Board Chair and assumed the position of Past-Chair with Christina Tulk assuming the position of Board Chair. The new Executive Committee is:

Board Chair	Christina Tulk
Vice-Chair	David Cramm
Executive Member	Donald Anthony
Past Chair	Ray Gulliver

For a complete list of the current Board, see the back page of this *Apothecary* or the **Board Members** page of the NLPB website.

Message from the New Board Chair

It is certainly an honour and a privilege for me to address the pharmacists across our province as the new Chair of the NL Pharmacy Board. I would like to take this opportunity to recognize Ray Gulliver for his leadership, as well as Don Mifflin for his dedication to his position on our Board and wish him well with his future endeavours. I also wish to acknowledge the entire Office team for their support and guidance. It is my hope that we will harness the momentum gained with the acceptance of our new Act to continue to move forward in our profession.

In the next year we should have regulations in place to regulate pharmacy technicians, provide our pharmacists with the right to inject and prescribe for minor ailments, and grant prescriptive authority for our pharmacists working in collaborative practice settings. We will also be working on the development of a Quality Assurance Program for pharmacies to ensure that we are providing the best care possible to the public of our province. I encourage all pharmacists to get involved with our profession as we need your support and collaboration to continue to navigate our future.

Please do not hesitate to contact with me with any feedback and/or suggestions as I am more than available to the pharmacists of the province. My cell number is (709) 632-2748 and my e-mail address is zen.z24_2001@nf.sympatico.ca. I look forward to speaking to as many of you as I can.

Respectfully,
Christina M. Tulk

Meet Our New Public Representatives

Donald Anthony

Don graduated from Memorial University of Newfoundland with a Bachelor of Commerce in 1994. He moved directly on to graduate school at Dalhousie University where he obtained the degree of Master of Marine Management in 1995. Don continued with his education at Dalhousie and earned a Bachelor of Laws with a Certificate of Specialization in Marine Law in 1998.

Don has practiced law in the province since being called to the Newfoundland Bar in April of 1999. He has served as in-house corporate counsel and in private practice and is currently a partner at O'Brien Anthony White.

Ruby Chaytor

Born and raised in St. John's, Ruby graduated from Memorial University of Newfoundland with a B.A and BA.ED in 1970 and 1983 respectively. She started her teaching career in St. John's in 1970 with The Avalon Consolidated School Board, now Eastern School District, and taught mainly primary grades, retiring in 2001. Since that time she has worked in the Bed and Breakfast Industry in Trinity, NL and as an administrative assistant with Shallaway, formerly the Newfoundland Symphony Youth Choir. Ruby lives in St. John's and has two married daughters, Jaclyn (Tim) and Jessica (Tom), and one precious granddaughter, Caroline. She spends her time volunteering at Saint Luke's Home, going for walks with her four-legged pal, Lucy, and visiting Caroline in Fredericton, NB.

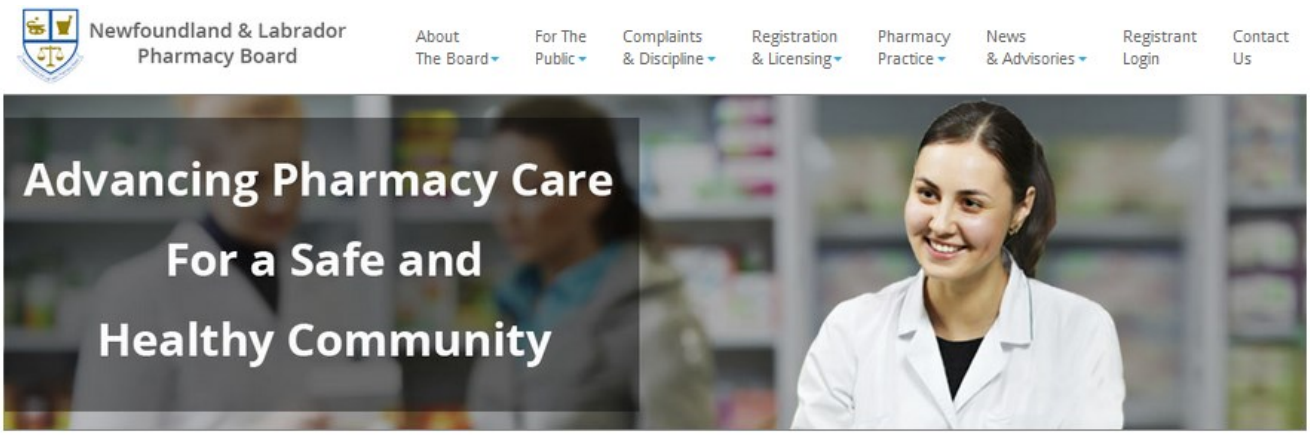
Shirlene Murphy

Shirlene graduated from Memorial University of Newfoundland in 1979 with a Bachelor of Arts degree. She worked in the public service for 32 years, primarily in the areas of consumer affairs and trade practices, retiring from the Government of Newfoundland and Labrador in 2012.

Shirlene resides in St. John's, NL with her husband Brian.

Visit us at nlpb.ca

to see our new look!



There's An App For That!

Recently, the **Annals of Pharmacotherapy** (Ann Pharmacother 2013;47:1088-95) published a review designed to help guide pharmacists on selecting mobile applications ("apps") that would be useful to their practice. The author identified 27 apps for review including drug references, clinical references, medical calculators, laboratory references, news and CPD apps as well as a number of general productivity apps to help pharmacists increase efficiency in their daily activities.

While the apps listed below are not inclusive of the full review, it shows the expansiveness of the information available to pharmacists utilizing this exciting new technology. Not all of these apps are free, but most are widely available for both iOS and Android operating systems.

- ⇒ LactMed (iOS and Android)
- ⇒ Lab Pro Values (iOS and Android)
- ⇒ Mediquations (iOS and Android)
- ⇒ Medscape (iOS and Android)
- ⇒ Micromedex (iOS and Android)
- ⇒ Pharmacist's Letter (iOS and Android)
- ⇒ Read by QxMD (iOS only)
- ⇒ Sanford Guide to Antimicrobial Therapy (iOS and Android)

The NLPB would like to congratulate the following pharmacists on their recent achievements:

Lisa Bishop *- Fellow of the Canadian Society of Hospital Pharmacists*

Kelda Ghaney *- James C Quick Award*

Seumas Gibbons *- 50 Years Service Pin*

Justin Peddle *- Takeda Magnum Opus Award*

Bertram Warr, Sr. *- 50 Years Service Pin*

Newfoundland and Labrador Pharmacy Board

The Apothecary

published quarterly by the
Newfoundland and Labrador Pharmacy Board
Apothecary Hall
488 Water Street
St. John's, NL A1E 1B3

Tel: 709-753-5877
Toll Free: 1-877-453-5877
Fax: 555-753-8615
E-mail: inforx@nlpb.ca
www.nlpb.ca

Find us on Facebook

FOLLOW US ON twitter

BOARD STAFF

Margot Priddle, R.Ph., Registrar	mpriddle@nlpb.ca
Arlene Crane, R.Ph., Deputy Registrar	acrane@nlpb.ca
Melanie Healey, R.Ph., Professional Affairs Coordinator	mhealey@nlpb.ca
Aileen O'Keefe, Registration & Licensing Administrator	aokeefe@nlpb.ca
Meghan Handrigan, Office Administrator	mhandrigan@nlpb.ca
General Information	inforx@nlpb.ca

BOARD OF DIRECTORS

Elected Members

Zone 1	Debbie Kelly
Zone 2	Ray Gulliver
Zone 3	David Cramm
Zone 4	Christina Tulk
At Large	Keith Bailey, Sheldon Baines, Shawn Vallis

Appointed Members

Government-appointed	Ruby Chaytor
	1 vacancy
Board-appointed	Donald Anthony
	Shirlene Murphy
Dean, MUN School of Pharmacy	Linda Hensman
Pharmacy Technician	vacant
MUPS Representative *(observer)*	Amanda Brett

EXECUTIVE COMMITTEE

Chair	Christina Tulk
Vice-Chair	David Cramm
Executive Member	Donald Anthony
Past Chair	Ray Gulliver

Newfoundland & Labrador Centre for Health Information
Connecting your health.

Fall 2013

Pharmacy Network News

In this Issue

- HEALTHe NL Project Update
- Pharmacy Network Upgrades and Improvements
- Pharmacy Network Stats
- CE Regional Workshops
- Need Help Using POS?

Update on HEALTHe NL, the Provincial EHR

Thanks to early testing of the HEALTHe NL Viewer by several clinicians across the province, the HEALTHe NL Viewer is officially in the pilot phase. This means doctors, nurses and other health professionals across different health care settings are using the Viewer, and viewing medication profiles in their daily practice. Their continued use of the system is supporting the Centre's plans to refine the system and move ahead with broader deployment of the Viewer this fall.

The medication profiles accessed through the Viewer, now during the pilot phase and going forward with deployment, are pulled from the Pharmacy Network. This means the medication and prescription information entered at all connected community pharmacies is now viewable to more health care professionals every day.

The HEALTHe NL Viewer supports timely and more informed decision-making and safer health care delivery by providing health care professionals with more comprehensive patient information when and where it is needed, at the point of care. In fact, clinicians engaged in the HEALTHe NL pilot are already telling us about the value of:

- access to local and regional client information
- the ability to see the medication profile
- seeing what medications were prescribed and dispensed
- being able to reconcile patient medication
- the information for enhancing care delivery

As more pharmacies connect to the Pharmacy Network, including the two pharmacies scheduled to connect in November, the benefits for patients and the whole health care system will continue to grow.

Pharmacy Network Continues to Improve

In continual efforts to enhance end user experience, the Pharmacy Network recently had additional upgrades and advances to improve the system. The recent changes will reduce the number of hard stops returned and the frequency of alerts. Previously, when a pharmacist was presented with a hard stop, there was no option to override. Today, that option exists. Pharmacists can use professional judgment and assess whether management of the message is appropriate.

If you have suggestions about how the Pharmacy Network can be improved, contact the Centre's Service Desk at **752-6006** or **1-877-752-6006**, or email: service@nlchi.nl.ca.

Contact Us

70 O'Leary Avenue
St. John's, NL
A1B 2C7

contact@nlchi.nl.ca

(T)709-752-6000
(F)709-752-6011

Visit us online:
www.nlchi.nl.ca

Improved Health Through Quality Information

Newfoundland & Labrador Centre for Health Information

Connecting your health.

The Pharmacy Network continues deployment, with approximately 40% of community pharmacies and one emergency department connected.

If you would like to discuss connection to the Pharmacy Network, please contact the Centre's Service Desk at **752-6006** or **1-877-752-6006**, or email: service@nlchi.nl.ca

Pharmacy Network Stats

Over **7.5** million dispenses have been recorded on the Pharmacy Network as of September 30, 2013.

As well, as of September 30, the Network has had **65,000** examples of patients visiting multiple pharmacies to receive health care for themselves and their families.

The top 10 dispenses on the Pharmacy Network in September were:

1. Rosuvastatin
2. Rabeprazole
3. Levothyroxine
4. Metoprolol
5. Acetylsalicyclic Acid
6. Metformin
7. Atorvastatin
8. Ramipril
9. Amoxicillin
10. Salbutamol Sulfate

These top 10 account for **9,438** dispenses of the **267,955** total dispenses for the month of September.

Peer-to-Peer Network Holds Regional CE Session for Pharmacists and Pharmacy Technicians

The Centre's provincial Peer-to-Peer Network, in partnership with the Newfoundland and Labrador Pharmacy Board, is offering a free continuing education session for pharmacists and pharmacy technicians throughout October and November. The session, entitled "***Shaping Pharmacy Practice, a Continuing Education Program Partnership"*** is accredited by the Pharmacy Board. To view the session learning objectives, agenda and schedule, visit www.nlchi.nl.ca/index.php/peer-to-peer-network or contact Amanda Osmond at (709) 752-6523 or email amanda.osmond@nlchi.nl.ca.

Need Help Using a POS System?

Provincial Peer-to-Peer Network pharmacy leaders have become increasingly familiar with specific point of service (POS) systems. If you experience minor issues or sometimes struggle using a particular POS system, why not call a colleague who can help. These Pharmacy Peer Leaders can help guide you through the system and or provide some quick POS tips.

Peer Leader	POS	Email
Stephen Green	Assyst	sunnyslope85@hotmail.com
Joanne Howlett	Kroll	w.howlett@persona.ca